

Cooking Show



Sippin' on Soup-erb Comfort

Start the year with a cozy bowl of Roasty Toasty Tomato Soup! Packed with antioxidants for heart health and immune support, this January recipe is pure, sippable comfort to warm you from the inside out.

Thursday, January 23
Noon – 1 pm

Register Here

Can't make it? That's okay!

Register anyway and we'll send you the recording after the show and you'll be entered in a raffle for a free cookbook!

Questions? Contact wellness@phs.org



**Roasty toasty tomato
soup with herbed grilled
cheese naan**